



11 REAL-WORLD HISTORY

Ideas for Kids

Family History

- Interview a grandparent with five prepared questions and record it
- Trace your family's immigration story and connect it to historical events
- Cook a meal from your family's heritage country
- Build a family timeline with birth years, immigration dates and world events
- Date old family photos from visual clues (clothing, cars, hairstyles)

Local History

- Walk your downtown asking what is the oldest thing here
- Find a vintage tool and figure out how it works
- Visit a cemetery and compare dates spot epidemic or war clusters

Food History

- Pick one dish a week and trace its origin country and history
- Track an ingredient's history (chocolate sugar tea potato)
- Compare how a common food was made 100 years ago vs today (butter bread pasta)

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