



50 NATURE WALK

ideas for kids

Observe

- Find five different leaf shapes
- Spot a bird and watch it for one full minute
- Look for something red then orange then yellow
- Find the oldest tree you can and guess its age
- Watch a cloud change shape
- Find an insect and count its legs
- Look under a rock, gently put it back
- Notice three different bird songs
- Find a spider web and look for its maker
- Spot the moon in the daytime sky

Collect

- Gather five leaves of different colors
- Find a perfectly round stone
- Collect three kinds of seeds or pods
- Find a feather (look don't always take)
- Pick up one piece of litter to throw away
- Find a stick taller than you
- Gather petals for pressing at home
- Collect acorns or pinecones for counting

Create

- Build a tiny fairy house from twigs
- Stack the tallest rock tower you can
- Make a face on the ground with leaves and stones
- Arrange found objects from smallest to biggest
- Draw the view with a stick in the dirt
- Weave grass or long leaves into a braid
- Make a nature crown from flexible stems
- Sketch one thing in a nature journal
- Press a leaf rubbing using paper and a crayon
- Build a dam or a boat in a stream
- Create a color gradient line from light to dark leaves

Listen & Feel

- Close your eyes and name every sound you hear
- Find the softest and the roughest thing you can touch
- Feel tree bark and describe it in three words
- Stand still and feel which way the wind blows
- Walk barefoot on three different surfaces
- Sit quietly for two minutes and just watch
- Listen for water: a stream, a drip, a puddle





50 NATURE WALK

ideas for kids

Challenge

- Walk in complete silence for one full minute
- Find something camouflaged
- Identify a track or footprint
- Guess what an animal ate by looking at chew marks
- Find evidence of a bird building a nest
- Spot three different types of clouds
- Estimate a tree's height using your shadow
- Race two leaves down a creek
- Time how long a puddle takes to shrink
- Balance on a log for ten seconds
- Navigate to a spot using only landmarks
- Leave the trail nicer than you found it
- Pick on thing to look up when you get home
- Plan where you'll walk next time

Want a whole week of Ideas?

Get the free 7-Day Guide to Real-World Learning, one simple idea for every day.

Scan to grab it free



Anywhere Learning
MEANINGFUL LEARNING, WHEREVER YOU ARE

